

**FLORIDA | BOARD OF PHARMACY**

**Controlled Substance Standards Committee**

# Draft Meeting Minutes

**December 12, 2017**

Rosen Plaza Hotel

9700 International Drive

Orlando, FL 32819

Contact Hotel: 407-996-9700



**Gavin Meshad**  
Committee Chair

**C. Erica White**  
Executive Director

Tuesday, December 12, 2017 at 9:00 AM

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**Call to Order** - The meeting was called to order by the Committee Chair, Mr. Meshad, at 9:00 a.m.

**Roll Call** - Those present during the meeting included the following:

**Board Members**

Gavin Meshad, Chair  
Jeenu Philip, BPharm

**Attorneys**

Board Counsel:  
David Flynn, Assistant Attorney General  
Lawrence Harris, Assistant Attorney General

**Board Staff:**

C. Erica White, Executive Director  
Irene Lake, Program Operations Administrator

*Note: Participants in this public meeting should be aware that these proceedings are being recorded.*

Mr. Meshad welcomed new Board members.

**1. October 2017 Committee Meeting – Assignment Recommendations**

Discussion:

**Physician Asks:**

Mr. Meshad explained that Physician Asks is what the Board feels would be necessary from the physician side on prescribing controlled substances. These can be brought up as recommendations, but they cannot be put in Pharmacy rules, because this really affects physicians.

Mr. Philip stated that the section for mandatory e-prescribing should be under the Physician Asks, not under Counseling, because it is not something a pharmacist would be doing.

**Manufacturer:**

There is a trend that many states are suing manufacturers regarding inappropriate marketing campaigns. More of an FYI. Dr. Hickman commented that there has been a lot of talk from the manufacturing and DEA side that the REMS will not only include controlled release vs sustained release, but immediate release products in probably the next year. Mr. Bisailon commented that in the manufacturer portion, he feels it is important to continue to follow updates from government organizations to see what trend is going on from the legal perspective; 2<sup>nd</sup> point, do what we can to support legislation that expands any action to address the opioid issue.

**Better Use of PDMP:**

Mr. Meshad commented that it is important to continue to improve this tool. PDMP has permanent funding in the general budget. Things discussed here are picked-up. Need to figure how to use the funding before it gets taken. Ms. White to research the trust fund.

**Mandatory Counseling:**

Mr. Meshad – In legislation, there is some funding being proposed for counseling.

**Better Access to Rehab:**

Link has already been added to the Board website. Funding is to further promote current and future rehab institutes to help with addiction. As this becomes more prevalent, we should continue to include a link on the Board's website.

**Pharmacy CS Mandatory CE:**

Mandatory CE for pharmacy controlled substances should be removed. Mr. Flynn advised the letter to the deans was put off until we integrated what we were going to do with the CEs. Mr. Flynn will provide an update during the Multi-Board meeting discussion.

**499 Disposals of Medication:**

No rule recommendation; continue to put information out about how to get rid of controlled substances.

**DEA Changes:**

No recommendations.

**2. Rule 64B16-27.831 – The Standards of Practice for the Filling of Controlled Substances Prescriptions; Electronic Prescribing; Mandatory Continuing Education.**Discussion:

Mr. Flynn – At the last meeting, they brought forth a more expanded, detailed, mandatory requirement continuing education; agreement that the course did not need to be live; agreement not to add more hours. The Committee should discuss the course title, the content of the course, and if the course changes, when does it need to be completed? Two hours was voted on as a recommendation. There was discussion around proper counseling. Alternative therapies were discussed on the patient side. A pharmacist needs to provide some meat to the course content. Mr. Philip commented that there is a difference between a patient that has never taken an opioid prescription before and one that has been on it for years. These are two different types of counseling sessions. The training and continuing education needs to allow the pharmacist to understand how to have those conversations for patients. Understand acute vs chronic counseling methods. Dr. Hickman volunteered to work with Mr. Flynn. Mr. Meshad commented that we are blending several things; do some quasi counseling; rule is validating the prescription is necessary. Dr. Hickman commented that a little context about this rule is the pendulum swung the other way in that not enough patients were getting access; pendulum has swung back the other way in now there needs to be a more active role in the continuation of care of patients. Mr. Meshad asked that Dr. Hickman and Mr. Flynn take a look at the counseling rule.

**3. Update from the Multidisciplinary Board Fact Finding Work Group on Controlled Substances (presented by Dr. Mark Mikhael)**Discussion:

Dr. Mikhael indicated it was a great day organized by the Department of Health; served several purposes; educational; 13-14 different boards present; started day by talking about education and what each profession looks at for education; worked into about the alternative sources that

could be utilized for pain therapy. The big ask at the end of the day is the Governor's legislation; Boards asked to write a letter in show of support; enhance medication counseling and proper disposal; where pharmacy makes a huge impact; opportunity for reimbursement. Mr. Bisailon commented that Ms. Poston's presentation was excellent and how it can be a valuable tool for pharmacist and physicians. Ms. White indicated the materials included 5 objectives and 1 outcome discussed at the meeting; there was a session where everyone contributed, summarized and provided to Dr. Philip as an overview of what the workgroup discussed; and there are discussions of another work group in early spring of 2018. Ms. Poston commented that we have come so far in our state; seen positive results; website available through UF called FROST; she is ahead of everyone now; it starts with interaction with pharmacists and patient; pharmacists need to be trained in substance abuse; board not moving towards mandatory CE; seeing individuals having interaction with 7-8 health care providers and patient has expired. Dr. Mikhael stated he was 100% in support of mandatory counseling. Discussions ensued regarding implementation and economic barriers. Mr. Meshad indicated that further discussion may be needed.

**4. Discussion of a letter of support of the Controlled Substance legislative proposals (SB8 by Benaquisto and HB21 by Representative Boyd)**

At the multi-board meeting, there was a general consensus regarding writing a letter of support. Recommendations and suggestions on the language were discussed. Ms. White will email an updated letter for review and approval.

**5. Old Business / New Business**

None

**6. Public Comment**

See above.

**7. Adjournment**

The meeting adjourned at 10:24 a.m.